

# Newark Distance Run



CERTIFIED  
12-MILE OPEN RACE  
4-MILE OPEN RUN



*"I welcome all runners to Newark and wish them luck!"*  
—Hon. Kenneth A. Gibson, Mayor of Newark

**When:** Sunday, February 11, 1979, at 11 a.m.

**WHERE:** Starting and finishing at Cedar and Broad St., Newark, N.J.

**Sponsors:** Newark Dept. of Recreation and Parks, Essex County Park Commission, and Greater Newark Chamber of Commerce. Chairman-Race Director, Lloyd Long.

**Course:** A loop through downtown Newark and scenic Branch Brook Park.

**Registration:** Registration closes Sunday, January 21, 1979 (Postmarked). Entry Fee \$5.00 (\$3.00 to 15 years olds and under). Certified checks or money orders only, payable to: Newark Distance Run Committee, P.O. Box 1809, Main Office, Newark, N.J. 07101 — Non-Refundable —  
*No Post Registration*

## Additional Information

**Write To:** Newark Distance Run Committee  
Newark Department of Recreation and Parks  
2 Cedar Street, 5th Floor  
Newark, New Jersey 07102  
Telephone: (201) 733-3941 (9 a.m. — 4 p.m.)

**Prizes:** First prize, color television (12-mile race), 1st woman and 1st man, Merchandise prizes and medals to first 15 men and first 15 females in 12 mile open race.  
Tee shirts to 1st 3,500 entered.



**ENTRY FORM**  
(please print all data clearly)

Check one: 12-mile ☐  
4-mile ☐ 2 3

NAME 4 LAST 10 11 FIRST 28 PHONE ( ) —

ADDRESS 26 53 CITY 54 62 STATE 64 67

ZIP CODE 68 72 AGE 73 74 SEX M ☐ F ☐ TEAM NAME 75

AAU Registration No. — Club or ass'n — T-Shirt size S M L XL

For official use ☐ ☐ ☐ ☐  
76-77 78 - 80

• Over •

## TROPHY CATEGORIES:

## 12 Mile

## Men:

Team (5 Members)  
 1st - 8 places  
 11 & Under  
 12 - 15  
 16 - 19  
 \* 30 - 39  
 40 - 49  
 50 - 59  
 60 & Over

## Women:

Team (3 Members)  
 1st - 8 places  
 11 & Under  
 12 - 15  
 16 - 19  
 \* 30 - 39  
 40 & Over

## 4-Mile Race

## Men:

Team (5 Members)  
 1st - 8 places  
 11 & Under  
 12 - 15  
 16 - 19  
 \* 30 - 39  
 40 - 49  
 50 - 59  
 60 & Over

## Women:

Team (3 Members)  
 1st - 8 places  
 11 & Under  
 12 - 15  
 16 - 19  
 \* 30 - 39  
 40 & Over

## \*20 - 29 Open Categories:

Specials: (12 & 4 mile race)

Oldest and youngest (male & female)

First Newark Resident (male & female)

- Amenities:** Shower and dressing facilities at Newark YM-WCA at 600 Broad Street, (Corner of Broad and Central Avenue - bring lock and towel).  
 Refreshments after the race.  
 Post-race results and awards ceremony at YM-WCA.  
 Information on lodging sent on request.  
 Easy access from Manhattan via PATH or bus (TNU bus No. 118).

**Sanction:** New Jersey Association of the A.A.U.

## 12 Mile Course Records:

Neil Cusack, 58:38.8 (1975)

Doreen Ennis 70:52 (1977)

## Past Standouts:

Neil Cusack  
 Carl Hatfield  
 Hugh Sweeney  
 Ivy Taylor

Tony Conlon  
 Tom Fleming  
 Will Rodgers

Doreen Ennis  
 Amby Burfoot  
 Scott Graham  
 Paul Fletscher

Toshiko E'Elia  
 Jill Quigley  
 Charlotte Letts

## ENTRY FORM

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Please fill out the information on the other side of this form, read this statement, and sign below:

In consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators waive and release any claims that I may have against the City of Newark, the Greater Newark Chamber of Commerce, the Essex County Park Commission, the Newark YM-WCA, the New Jersey Association of the A.A.U., any member of the Newark Long Distance Run Committee, or their representative, successors, or assignees for any injuries that may be suffered by me in this event. I also give permission for the use of my name and/or picture in any newspaper, broadcast, telecast, or other account of this event. I certify that I am in physical condition for this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If under 18, signature of parent or legal guardian: \_\_\_\_\_ Date \_\_\_\_\_